



Norwalk Leander Rowing Club



The Norwalk Leander Rowing Club is based on the Norwalk River in Connecticut, USA, and is affiliated with Ischoda Yacht Club, one of the oldest yacht clubs in the USA. Our purpose is to create an affordable centre of rowing excellence, with both dedication and fun.

Norwalk Leander was established to develop rowing for Open and Masters rowers, from novices to elite, with a focus on racing & competition, for Men and Women.

Annual Membership Fee - \$120 (cox) / \$480 (full rowing)

2007 Race Results



Head of the Charles Regatta

Snr. Masters M2x – 1st.

Directors' Challenge M4x – 1st.

Head of Housatonic

Masters Men 1x – 1st.

Carnegie Lake Regatta

Masters Men 4x, 2x, 1x – 1st.

US Masters Nationals

Mens' D4x, E4x - Gold

Mens' D1x - Silver

Mens' D2x - Bronze

Mixed D2x – Bronze

Derby Sweep & Sculls

Masters Men 2x, 1x – 1st.

Novice Men 1x – 1st.

Nutmeg State Games

Masters Men 4x – 1st.

New Boats & Trailer



NLRC has taken delivery of 6 new boats, oars and a trailer from with Wintek Racing. **Sponsors are being sought...**

100,000 pixels!!

NLRC is raising \$200,000 to buy boats, blades, racing kit and equipment. Buy web-site pixels of Rob Slocum on the erg and become a sponsor.



In 2000, Rob Slocum of NLRC set an Ultra-Marathon World record for rowing 100,000 meters on an ergometer, in the Individual Men Heavyweight class for age 50-59.

His time was 6 hours, 32 minutes, 45.9 seconds - faster than all age groups other than the overall World record holder for erging 100,000 metres, set in 1998 by a 30-39 Age category Briton.



YMCA tie-up

NLRC has tied up with the YMCA in Norwalk for land-training and joint fund-raising initiatives.

Rowing Schedule

Tue/Thu/Sat/Sun - rowing at 7am

Thursday "Pull and a Pint" & Club Night 6-8pm

Boathouse available at all times for rowing...

New to the Area? Former Rower? - New Members Welcome !!!

c/o Ischoda Yacht Club,
138 Water Street, Norwalk, CT 06854
Contact & Tel. - **David Mapley, Captain** - (203) 919-6313
E-mail : row@nlrowing.com
www.nlrowing.com